WEARING YOUR CLASSIC HEADPHONES

1. Holding the headband, you’ll notice the flat speakers – one on each side – inside of the headband.
2. Place the headband on your head (tag towards the back).
3. Once the headband is on, adjust the speakers so they are positioned directly over your ears. This will ensure the best sound quality.

Please Note: The speakers move inside of the headband, independently of the headband.

WASHING INSTRUCTIONS

1. Open the hook and loop at the back of the headband to reveal the speaker components inside the headband.
2. Reach in to remove the speakers, one at a time, from the headband.
3. Once the speakers are removed, you can machine-wash the headband.
4. Reinsert one speaker at a time, and move each about four inches from the hook and loop opening on either side of the headband.
   - Right speaker has red stitching
   - Left speaker has green stitching
   - Softer gray side should face towards the ear
   - White side should face away from the ear
5. Close the hook and loop opening with the cord hanging out so you can connect to your device.

- When disconnecting the cord, grasp and pull the plug and not the cord.
- Do not leave components in a wet or dirty headband.
- Wash your headband regularly (remove all components before washing).
- Avoid bending near the plug and keep the cord free of tangles and knots.
Welcome to the AcousticSheep® Family!

This User Guide has helpful tips and info for using and enjoying your new AcousticSheep® SleepPhones® or RunPhones® Classic.

Still have questions? Contact our customer service team M-F from 8-5pm EST at 877-838-4790 or at service@acousticsheep.com.

Enjoy!