





General Listening



The #1 Headphones for Sleeping

Invented by a family physician who had trouble falling asleep, SleepPhones allow people to listen to anything they want in bed, comfortably. Unlike bulky headphones or painful ear buds, SleepPhones are thin and soft. This unique patented design is sold exclusively by SleepPhones.

Comfortable even for side sleepers
Washable with removable speakers
Eco-friendly made from recycled plastic
Sewn and assembled in the USA

Works with Most Music Players

SleepPhones fit the standard headphone jack, so they will work with iPods, MP3 players, CD players, computers, and most personal audio devices.

Listen to Favorite Sleep Sounds

People have used SleepPhones to listen to meditation, nature sounds, classical music, rock music, TV, radio, podcasts, hypnosis, audiobooks, binaural beats, and more!